

## CARING NEIGHBORS **NEWS**



**OFFICERS** 

President Anne Bosler ab.ultimateassistant@gmail.com

> Vice President Ellen Broedlin ebroedlin@gmail.com

Secretary Nancy Baxter nbaxter4@comcast.net

Treasurer Pam Taylor pamcpa97@gmail.com We are in the learning phase of producing Newsletters. So, there were a few glitches with the February Newsletter but we are determined to get it right. Please be patient with us.

We would like to ask all Directors at your next meeting and in your meeting summary: please mention that there is a monthly CN Newsletter and if you (a volunteer) are not getting it emailed to you, please let Jean Davio know. jdavio1788@gmail.com.

If your group is planning an event or having a guest speaker at your meeting, please take a photo (with permission, of course) and send it to Anne Bosler. ab.ultimateassistant@gmail.com. If you have an idea to share or a complaint to voice, or you need advice or help, we can put it in the Newsletter (even anonymously, if you prefer).

Submissions should be emailed to ab.ultimateassistant@gmail.com We will do our best to publish them in a timely manner.



## Welcome!

The newest group to join the **Caring Neighbors organization** is Lynnhaven.

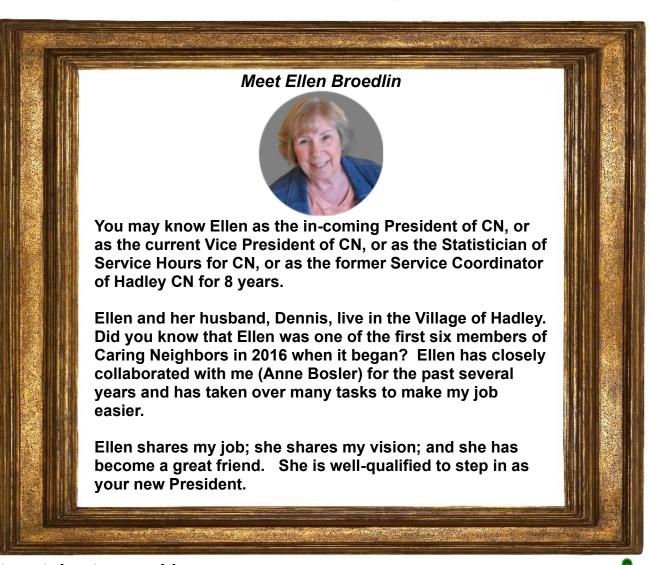
They are not listed on the website yet due to a problem with their Google Voice Phone Number.

However, the Director is Karol Clark and the Service Coordinator is Sheryl Kolessar. They are listed on the **Board Roster.** 

**Welcome to the Caring Neighbors family!** 

Have you heard the CN commercials on The Villages Radio Station - WVLG 640 AM?

They aired four times a week for a month thanks to the Pine Ridge-Pine Hills CN Group.



Mar., 12

## **UPCOMING CN EVENTS**

Mar., 12 Speaker on Seniors vs. Crime **Polo Ridge Meeting** 2 pm

**Laurel Manor Recreation Center Ashland Snacks N Facts Event** 

10 am **Churchill Street Recreation** Center

Mar. 27 **Executive Board Meeting** 10 am President's home

Mar. 29 **Tall Trees Snacks N Facts Event** 

> **Pimlico Recreation Center Speaker from The Villages Community Resources Center**

## TLC Mental Health Professional News

Multiple session groups in person:

March 3 - April 21, Mondays, 1-3 pm "Weigh to Go" 7-week group will be held. Elaine Stipetich, LCSW, facilitates the group, which uses an alternative approach of cognitive restructuring and hypnosis to provide an in-depth and innovative way to examine your thought patterns and discover how you may sabotage your weight loss plans. Click here for the location and to register. Click here for location and to register.

Feb 25 - April 1, 6 weeks on Tuesdays, 9:30 - 11:00 am Moving Through Grief, facilitated by Judy Maloney, LMHC. When a loved one dies, whether a spouse, family member, or friend, we can feel lost and alone. Being with others who understand can ease the pain and guide us toward healing. If your loss was at least four months before 2/25/25, Click here for location and to register.

Virtual Presentation on Zoom: All are welcome

March 13, 2025, 10-11 am on Zoom: Ask TLC: How Do I Avoid Online Scams? Online scams are a growing concern, preying on people's trust and vulnerability. If you're worried about falling victim, you're not alone! This presentation by David Hovel, TLC Technology Officer, will help you tap into your instincts and equip you with simple techniques to verify information and spot potential scams. Click here to register and get a Zoom link.

TLC website is tlc-services.org.

Submit news items, events, and photos for the April Newsletter to ab.ultimateassistant@gmail.com

**NO LATER THAN MARCH 20, 2025**